



EBI AAU Spring Team News

EBI has 5 teams playing for our team program this spring. Each of our teams, 4th/5th/8th/9th/and 10th grade have all begun their league games and tournament play. We have been so pleased with the effort and great sportsmanship displayed on the court and are very proud of how they are representing the EBI name and program in their skills, character, and victories-Go EBI!



EBI 4th grade team in action-great screen and ball handling!



8th grade team training working on defense.

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2010 EBI Team Training Recap

The months of April and May are very busy for our staff and teams. This is the time of year when our teams play a lot of games in tournaments and league, and they also get the benefit of team training with the EBI staff of coaches. The coach of each team meets with the EBI staff and plans out what skill set or drills would best benefit their team for their upcoming training.

The making up of the training agenda for each team may vary. For example one team may need skills to help them improve on things that didn't go well in their last game or tournament, some may need a new press break they want for an upcoming game, or our younger teams might choose to work on fundamentals.

The training is an important part of our spring program and players grow individually in their skills and as a team.

Be sure to check out the pictures on page 4 to see more teams in action!



SUMMER CAMPS

Offensive Skills Camp

During this 3 hour camp the players will learn offensive skills to leave their defender on his/her heels. Such skills as footwork, moving without the ball, fast explosive cuts, jab steps and sweep moves. Shooting games and scrimmage will conclude the afternoon.



Dates: June 21-24th

Time: 12:30-3:30

Ages: 7.5 – 12

Fee: \$ 150.00

**Location: Summerwalk
3850 Klahanie Dr. SE
Issaquah, WA**



All Skills Camp with Coach Johnson

This camp is a great opportunity for young basketball players to develop and refine their fundamental basketball skills. Emphasis is placed on fundamental development, shooting, offensive moves, defense, rebounding, team play and more.

Dates: July 6th-9th

Time: 1-4

**Location: Bellevue Boys & Girls
Club-Main Gym**

Ages: 6.5 – 9

Fee: \$130.00

**For more info
visit our website:**

EBIHOOPS.COM

To Register:

206-841-0490

or

ebihoops@hotmail.com



Shooting Camp

This shooting camp will give campers the opportunity to focus on improving their shooting skills. Emphasis is placed on: Technique, footwork, shot off the dribble, off the pass, games and free throws.

Dates: Aug, 9th-12th

Time: 1-4

**Location: Bellevue Boys & Girls
Club-Main Gym**

Ages: 11.5-14

Fee: \$130.00



Ball Handling Camp

Confidence is the key for ball handling and this camp will increase your child's confidence by the end of the 3 hour camp. Use of both hands, dribble with eyes forward, shooting off the dribble, explosive first step and many more skills will be covered.

Dates: July 19th-22nd

Time: 1-4

**Location: Bellevue Boys & Girls
Club-Main Gym**

Ages: 7.5-12

Fee: \$130



EBI works with Eastside Catholic High School Options Class

This May Coach Johnson and Coach Landis along with our staff of teen volunteers brought our basketball program to the Options class at Eastside Catholic High School.

The class of 6 jr. high and high school age players, both boys and girls were taught various skills that will help them continue to be successful on the courts. In the four week class the players worked on ball handling, passing, proper shooting form and always played a very competitive scrimmage to finish out the hour.

Many thanks to Coaches Katy Ainslie, Elise Morrison and Kendra Morrison for giving of their time to work with these players in helping them become more confident on the court, learn new skills and have fun doing it!



9th Grade Team Training... *Learning the full court zone trap*



Help defense and attack moves to the basket were the focus for the 8th Grade Training.

For information about EBI programs visit our website
www.ebihoops.com



Coach Johnson talks with her 4th grade team before the game.

EBI 4th grade team in action!



EBI 5th Grade team gather for a team photo. The 5th grade team worked hard in training for 8 weeks in the months of April and May. Good work girls!

Photography Courtesy of:
Michael Morrison and David Mitchell